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The Research is Clear: Support SB 328 and California Students

SACRAMENTO – EdVoice stands with the academic and medical communities in supporting SB 328 and urging the legislature to prioritize improved health, safety and academic outcomes of California students.

"The data is clear: SB 328 is an efficient way to achieve significant improvement in academic and health outcomes for all California secondary students," said Bill Lucia, President of EdVoice. "An overwhelming consensus of peer-reviewed scientific research supports delaying start times to address adolescent sleep deprivation and its associated health and public safety risks," Lucia continued. SB 328 would establish developmentally appropriate start times for secondary schools.

SB 328, introduced by Senator Anthony Portantino, is co-sponsored by the nonprofit Start School Later and the California PTA. It has widespread support from health, safety and education organizations including the American Academy of Pediatrics California, California Medical Association, National Sleep Foundation, California Police Chiefs Association, Mental Health America of California, and other hospitals and universities.

About EdVoice

EdVoice is a nonprofit grassroots network of over 50,000 parents, community leaders, educators, and the state's leading education philanthropists, working together to dramatically increase measurable student achievement and eliminate educational inequality for all children.